
DISTRICT#40

UNITY | SERVICE | RECOVERY

Step 3

“Made a decision to turn our will and our lives over to the care of God as we understood him.”

Tradition 3

“The only requirement for AA membership is a desire to stop drinking.”

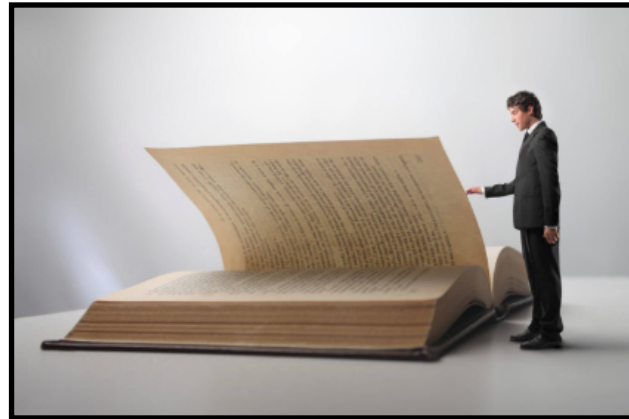
Concept 3

“To ensure effective leadership, we should endow each element of AA - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional ‘Right of Decision.’”

Open Positions for District #40

Alternate DCM, Archives, Internet Technologies (IT) for job descriptions please go to:

http://aa-seta.org/GSR/en_bm-31.pdf



Tradition Six - Non-Affiliation

Reino F, DCM

The definition of Affiliate is “to bring or receive into close connection as a member or branch (*affiliated organizations*)”. The definition of Affiliation is “combined”. The definition of Non is “not, reverse of, absence of”. The words defined in the 12 N 12 dictionary are: Affiliate “associate, partner, join, unite, ally”; Affiliation is “connection, association, partnership, alliance, attachment”. Tradition Six says that “an AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose”.

The Long Form of the Traditions says that “Problems of money, property, authority may easily divert us from our primary spiritual aim. We think, therefore, that considerable property of genuine use to AA

should be separately incorporated and managed, thus dividing the material from the spiritual. An AA group, as such, should never go into business. Secondary aids to AA, such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not use the AA name. Their management should be the sole responsibility of those people who financially support them. For clubs, AA managers are usually preferred. But, hospitals, as well as other places of recuperation, ought to be well outside AA – and medically supervised. While an AA group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement, actual or implied. An AA group can bind itself to no one.”

When I came to the idea that my life was in shambles, not living the way mom and dad tried to raise me or having shown me tools to live by, I had no idea that AA even existed. I went to treatment. The first week an AA group, who met there every Sunday, was my introduction. Then, at the halfway house we were required to attend AA meeting during the week when our house sessions were not meeting. I was unaware what was going on with the Traditions then but those facilities did not even imply any connection with AA. I was told that the hospital was a business and if it closed then the aftercare meeting would be done. They told me that my life line would be the AA program and fellowship whether I liked it or not. It was my choice to make if I wanted to seek sobriety.

Then, I moved and eventually found out that my own home group had looked into getting a piece of property and build a building to meet in it. They moved really slowly and the idea was voted down. But there was a good sum of money that was in an account for the deal. It was still open and collecting interest. The group voted to offer the original contributors, or their surviving families, their donations back. All decided that the money should go to the AA entities the group thought appropriate. So, it was divided per the then current percentages and the account closed. The elders and old timers figured they should do this so the members who were not involved would not stress or weird out about that issue and potentially cause the group future harm.

I have seen a couple of members own and manage recovery centers and I have seen them keep AA and their employment, income, and livelihood separated from each other. They were fine examples of this Tradition. I have also seen some AA members get really jacked up over monetary deals in AA and it affected other members that they drew into it. Everyone suffered to some extent.

There are groups that hold their meetings at hospitals and recovery centers and that can be a good thing if they are there to be available to the newcomers transferring out of those facilities. But it is not a good policy for the groups to get too into the business dealings of the facilities nor let the facilities make policy for the AA groups conscience. Then, the groups may want to find a different place to have their meetings.

You know I do really stress over my personal finances and how I spend money, now. For years I did not pay much attention to that function of life. Consequentially I am getting closer to retirement and I have very little in the way of any life savings for that chapter to come. But I am to live in the NOW and deal with life on a daily type basis and the finances are getting better but no where near comfortable. This was an individual messing around as an active drunk and as an active member of AA. I did not pay very close attention to my mentors. Now I go to work and try to save money, what a novel concept, I try to do the next right thing.

I say that to mention if I had to personally deal with a club or a business in AA what a mess that would be and the mental stress in the background, sheesh, I do not need any other stress than my own mind!!!

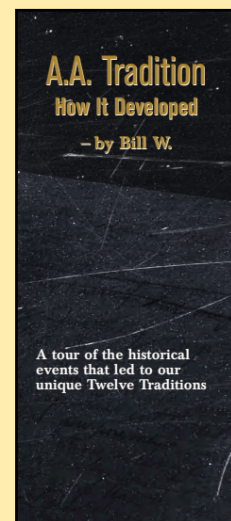
I began to learn the importance of singleness of purpose, both in AA and in my personal life. I came to understand the difference between that which helps and that which hinders. By keeping my AA program simple, I underscored my own way to Live and Let Live. This tradition helps to preserve the integrity of the program, groups do not endorse any outside organizations and causes. We are all perfectionists who, failing perfection, have gone to the other extreme. We cannot be all things to all men, nor should we try.

My hope is that I can follow this principle in my life as to be a spiritual example and conduit of what the program and fellowship in AA can do for someone who seeks it and tries to pass it on to others who are still suffering.

Pamphlet of the Month: February

Each month our Literature Chair, Elizabeth G., shares an AA pamphlet with us. In February she shared: “AA Tradition: How It Developed - by Bill W.” Please click on the link below for a digital copy. You may view this online or make a single print copy.

https://www.aa.org/assets/en_US/p-17_AATraditions.pdf



"But A Beginning"

March 19, 2020

First Day Of Spring

A New Life



70th General Service Conference Committees

Agenda Items

Our Delegate, Troy B, would like you to share these Agenda Items with your home groups and email delegate-69@aa-seta.org with your questions, concerns, issues, and comments on any of the items.



II. Cooperation with the Professional Community

- A. Consider a request to discontinue the pamphlet “A.A. in Your Community.”
- B. Consider a request to create a pamphlet for mental health professionals.

IV. Finance

- A. Review the pamphlet “Self-Support: Where Money and Spirituality Mix.”
 - 1. Consider a request to revise the pie chart percentages on page 12.
 - 3. Consider draft language related to the “virtual basket.”

V. Grapevine

- D. Consider revising the A.A. Preamble to use gender neutral pronouns. For example, “Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other...”
- F. Consider a request to develop an AA Grapevine pamphlet on how the AA Grapevine can be utilized to carry the A.A. message.
- G. Consider a request to change the name of the General Service Conference Committee on Grapevine to the Conference Committee on Grapevine and La Viña.
- H. Consider a request for AA Grapevine, Inc. to establish an Instagram account in line with the Twelve Traditions.

VI. Literature

2. Consider not retiring the existing version of the pamphlet “The Twelve Traditions Illustrated.”

K. Consider if proposed agenda items for plain language, simplified language, accessibility translations and large print versions of the book Alcoholics Anonymous, as well as workbooks to help study the program of Alcoholics Anonymous, can be addressed with a common solution.

L. Consider requests to revise the book Alcoholics Anonymous:

1. Add pages 3 through 41 of the pamphlet “The A.A. Group” as an appendix in the next printing.

2. Revise the first 164 pages.

- Pronoun usage – where possible the gender-neutral form should be incorporated.

- Passages or sections that are no longer consistent with or relevant when taken in context of society in general or the A.A. membership composition.

- The chapters To Wives and The Family Afterward should specifically be evaluated for revisions to be more consistent with today’s membership.

M. Consider proposals related to possible Fifth Edition of the book Alcoholics Anonymous:

1. Develop a Fifth Edition.

2. Develop a Fifth Edition of the book Alcoholics Anonymous with updated stories revisions to Appendices III and V. (dealing mainly with the above bulleted concerns)

3. Add a proposed addendum to a Fifth Edition foreword of the book Alcoholics Anonymous at the time it is published.

N. Consider development of a draft Fourth Edition of the book Alcohólicos Anónimos.

O. Consider updating the pamphlet “A.A. for the Black and African-American Alcoholic.”

P. Consider requests to revise the book Twelve Steps and Twelve Traditions:

1. To remove the phrase “opposite sex” from paragraph two on page 117 in the chapter “Step Twelve.”

2. To reconsider use of the phrase “lustful enough to rape” in paragraph one on page 66 in the chapter “Step Six.”

Q. Consider request to add a subtitle to the booklet Living Sober. (How Not to Take the First Drink)

R. Consider requests to revise text related to open meetings in the pamphlet “The A.A.Group.” (removing “non-alcoholics may attend open meetings as observers” pg. 13)

T. Consider revising the pamphlet “Questions & Answers on Sponsorship”:

1. Change the suggestion that sponsor and newcomer be of the same sex.

2. Expand the section on “Service Sponsorship” and retitle the pamphlet to include service sponsorship.

U. Consider request to include a G.S.R. preamble in the pamphlet “G.S.R.: Your Group’s Link to A.A. as a Whole.”

VIII. Public Information

I. Discuss a request “to create a new form of communication” to address anonymity on social media.

J. Consider a request to develop a plan to create an A.A. podcast.

IX. Report and Charter

B. Discuss A.A. Directories (Canada, Eastern U.S. and Western U.S.)

C. Consider restoring the two paragraphs and the accompanying footnote in the Concept Eleven essay of The Twelve Concepts for World Service that were removed by an advisory action of the 66th General Service Conference.

D. Consider amending a sentence in Article 4 of the current Conference Charter.

X. Treatment and Accessibilities

B. Consider request to develop a Bridging the Gap Workbook.

XII. Archives

A. Consider requests to develop a book on A.A. history from 1955 through the present.

XIII. International Conventions/Regional Forums

A. Discuss methods of closing the Big Meetings at the International Convention. (use of Lord's Prayer etc.)

C. Discuss ways to encourage interest in Regional Forums and attract first-time attendees.

Hospital 12 Step Calls

On Feb. 26th the CPC committee gave a presentation at Methodist West Hospital at I-10 and Greenhouse for our new Hospital 12 Step Program that we are trying to get started. The presentation went very well and our committee is going to be set up to bring 12 Step Calls to people with drinking problems at the Hospital.

What we are needing now are 2 coordinators who can be available to monitor their E-mail and set up a 12 Step Call through a list of volunteers that will be provided.

If you would like to volunteer to either be a coordinator or go on 12 Step Calls to the hospital please email your DCM, Reino F, at dcm-40@aa-seta.org . ~ Bill A.

District 40 GSR Meeting Minutes

March 10, 2020

DISTRICT 40 OFFICIAL MINUTES **OF THE JANUARY 14, 2020 MEETING**

Meeting Location: 2nd Tue. 7:15 – 9:00 pm
Spring Branch Memorial Club
1200 Blalock Rd. Bldg. # 378, Room C
Houston, Texas 77055

dcm-40@aa-seta.org (Reino F.)
dcm-40-alt@aa-seta.org (Deanna F.)

Mailing Address:
District 40
PO Box 19085
Houston, Texas 77024-9085

DATE: 01/14/2020

CALL TO ORDER; DCM Reino F. opened the meeting with a Moment of Silence, Preamble & Unity Declaration.

INTRODUCTION OF ATTENDEES; 26 Attended our business meeting.

PRESENTATION: SETA 67 Grapevine Committee; Kimberly L. Area Chair - Project 2020 District contest – for the next 6 months each district will keep record of all new Grapevine subscriptions and the winner will get a paid hotel room for the SETA assembly. Other items of interest; send a photo in for the calendar, sponsor a subscription for someone in prison, Youtube channel is free; lifeline for Loners (meeting in print), groups can pay for a subscription to be mailed to a doctor's office. A **writer's workshop** is to be held on Mar 14th at District 31 and also in April at District 81. We can have one too!

TRADITION XII /CONCEPT XII PRESENTATION; Doug D. and Mike

VOLUNTEERS FOR NEXT MONTH; Tradition I – Ashley C. Concept I – Reed B.

DISTRICT OFFICER REPORTS

- **Secretary's Report;** Jackie S. - Accepted as presented
- **Treasurer's Report;** Alt Mike W. – Accepted as presented
- **DCM Report;** Reino F.
 - Reviewed the upcoming motions for the abbreviated SETA assembly to be held in with the SETA Convention. Read announcements.
- **ALT DCM Report;** – Deanna F.
 - Grapevine contest is a good contest for our groups. Share the information we were given tonight.
 - Start thinking about the Traditions Dinner's budget and date. We will be making decisions and committees in February and March. Spread the word.

NEW BUSINESS;

- Reino announced Treasurer Rick N. has resigned. Alt Treasurer Mike W. has moved into the Treasurer position. Scott B. stood for Alt Treasurer and was elected.

OLD BUSINESS;

- SETA Convention 2020 – Mike W. –Everything is set for the Friday night Hospitality Meal. The plan is; sandwiches, chips, cookies, and drinks. \$550.00. The room is available at 4 PM. A **motion** was passed to have a Tradition 7 basket and to allocate the income for SETA and/or any other hospitality rooms.
 - Open Positions - Archives, IT and TFC.

• **DISTRICT COMMITTEE REPRESENTATIVE REPORTS** *(Please submit report to Secretary)*

- **Archives Rep;** **OPEN** No Report
- **CFC (Correctional Facilities Committee);** Paul K.

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- Last Sunday, January 12, 2020, the Darrington Unit had their 8th Year of having AA bringing in hope to the offenders. There was food, speakers, and celebration, some past inmates in the Darrington Unit told their story .
- Your Blue Can Contributions are appreciated by the men and women who receive Big Books, 12 N 12's, Daily Reflections, and literature from the money you put in the can. The world is and will be a safer place because of your contributions. Thank you.
- Please ask your Groups to bring their old Grapevines to you, then you bring them to me, and I'll take them into the joint. Thanks again.
- Respectfully, Paul
- **CPC (Cooperation with Professional Community); Bill A. Read by Mike W.**
 - CPC meets on the first Monday of the month 7:30 at the SBMC. there are positions available including a Secretary Position.
 - On Jan 23rd at 2pm we will be giving a Hospital Presentation at the Methodist West Hospital. In March or April we will have a Workshop for presenters for the Hospital Program.
 - Also we are still looking for volunteers to give presentations to Hospitals.
 - Take Care Bill
- **Grapevine; Rachel P.**
 - Grapevine has launched the 2020 Carry the Message project, encouraging members and groups to give gift subscriptions to support alcoholics in need. Recipients of the gift subscriptions include prisons, detox and rehab centers, nursing homes, and other facilities that support alcoholics in recovery but may not be able to afford a subscription. For more information, go to aagrapevine.org/carry-the-message or see the attached PDF.
- **IT (Information Technology); OPEN** No Report
- **Intergroup Liaison; Dan K.** – Absent – Emailed report
 - Intergroup is collecting a list of speakers to share with you for "Group Speaker Nights". If you would like to share your experience, strength and hope, please contact Intergroup at 713-686-6300 to get added to the list.
- Tentative Dates and topics for Intergroup Workshops:
 - March 7th
 - May 9th
 - June 27th- Summer Open House
 - September 12th
 - October 24th- Traditions Workshop
 - December 12th- Holiday Open House
- Nightwatch/Volunteering
 - Evening Nightwatch- Looking for "backup" members for evening nightwatch.
 - Weekend Nightwatch- Several slots available

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Please contact Libby if your group would like to sign up at 713-686-6300 or email at
adminasst@aahouston.org

- Meeting in a pocket- Now available in bookstore for \$2.50

Next delegates meeting February 20th, 2020 @ 8:00PM

Sign up for the Link on aahouston.org

- **Literature; Elizabeth G.**
 - Greetings to all at District 40. May this month find you getting excited about the New Year 2020 and new decade. This time of the year is full of great opportunities for grow and change as we continue on our individual journeys in sobriety. With that said, this month's pamphlet challenge is "Access to A.A. – Members share on overcoming barriers." This pamphlet will familiarize one with the stories of members from a variety of backgrounds who have experienced difficulties when trying to get into the A.A. message and fully participate in the A.A. program. There are stories of A.A. members who are blind and/or deaf, those who are housebound or chronically ill, and those who are living with the effects of brain injuries or stroke. These alcoholics are truly an inspiration of strength and hope. Here are the following updates for January:
 - * The next Area Literature Committee will be on Saturday, January 25th, 2020 at 4:30 pm at Moody Gardens, 1 Hope Boulevard, Galveston, TX 77554.
 - * The Literature Committee meets the 3rd Tuesday of the month via video conference, "ZOOM." Please send the Literature Chair your email address if you are interested in attending. Then, you will receive an email with login instructions on the day of the meeting.
 - **Newsletter Editor; Kari B.**
 - Will add Grapevine contest to the newsletter.
 - Please email photos and articles to district40newsletter@gmail.com
 - **PI (Public Information); Terri O.** No Report
 - **TFC (Treatment Facilities Committee); Open** No Report
 - **GSR/GENERAL SHARING SESSION** (Feedback, News, Concerns, Questions)
- CALENDAR OF EVENTS** (see attached flyers).
- **SETA Area Convention: January 24th – 26th, 2020 at the Moody Gardens Hotel Galveston, TX**
to register go to www.aa-seat.org; to register at the hotel for the Room Rate of \$129.00 per nite
call 888-388-8484

**DISTRICT 40 OFFICIAL MINUTES
OF THE JANUARY 14, 2020 MEETING**

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- **Next District 40 meeting: 2/11/20 at 7:15pm** Spring Branch Memorial Club 1200 Blalock Rd #378 Houston, Room C (713) 274-3190
- **Texas State Convention 74th: June 12 – 14, 2020** at the Hilton Fort Worth 817-870-2100 room rate \$139.00, to register www.txaaconvention.org
- **AA International Convention will be held on July 2 – 5, 2020 in Detroit MI.** Register at www.aa.org
- **SWRAASA 2020: October 9-11, 2020** at Embassy Suites Hotel 550 S Buchanan St Amarillo, TX 79101 806-803-5500 rate \$135.00 per nite: Event Registration \$15.00 NWTAA66-Texas

For further event lists:

AA headquarters: www.aa.org, Area 67/SETA Districts: www.aa-seta.org, Intergroup: www.aahouston.org.

ADJOURNED; Closed with the Responsibility Statement

JOKE

What do you call an alcoholic who has had too much to drink?

(A cab!)

Thank you Mitch A.



Serenity Prayer

The Serenity Prayer is a common name for a prayer written by the American theologian Reinhold Niebuhr (1892-1971). Niebuhr used various versions of the prayer widely in sermons as early as 1934. The prayer spread rapidly, often without attribution to Niebuhr, through church groups in the 1930s and 1940s and was adopted and popularized by Alcoholics Anonymous and other twelve-step programs.

Group Contributions 2020

SETA DISTRICT 40 -- GROUP CONTRIBUTIONS FOR 2020													
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YEAR
District 40 Groups													
Another Chance Group													0.00
Bear Creek Fellowship													0.00
Broad Highway Group													0.00
Bunkerhill Tuesday A.A. Group													0.00
Chapelwood Tues 8pm		332.17											332.17
Daily Reflections Group													0.00
Everything is "Alright Already"													0.00
First Light Group													0.00
Four Horsemen Group													0.00
Fourth Promise Group													0.00
Fry Road Group													0.00
Friends of Bill W. (Post Oak)		50.00											50.00
Friends of Bill W. (West Houston CC)		112.42											112.42
Fulshear Group													0.00
God Meeting Group													0.00
High Hopes													0.00
Hockley Group													0.00
Houston Young People													0.00
Journey Group		10.80											10.80
Just For Today													0.00
Just The Black Print Group													0.00
Katy 12 & 12		38.44											38.44
Katy 164 Group		6.61											6.61
Katy Big Book													0.00
Katy Crossroads Group		36.62											36.62
Katy Primary Purpose Group													0.00
Kingsland Group													0.00
Living Now Group													0.00
Memorial Going Home Group		40.42											40.42
Memorial West Group													0.00
Men's Supper/Step Study Group													0.00
New Beginnings group		23.00											23.00
New Oxford Group													0.00
Our Common Journey Group													0.00
Outpost Group (Men's)													0.00
Peek Road Group													0.00
Rosewood Thursday Night Group													0.00
Rule 62 Group													0.00
Sage-Piney Point													0.00
Sage-Piney Point Noon Tuesday													0.00
Saturday Solutions Group		38.06											38.06
Simply AA													0.00
Sisters in Serenity		39.70											39.70
Sober in Brookshire													0.00
Spring Branch Memorial Club													0.00
Spring Shadows Group		240.00											240.00
Steps in Sobriety													0.00
Taking Care of Business													0.00
Tuesday Night Step Study		25.48											25.48
36 Principles Group													0.00
Wednesday Reflections		16.20											16.20
West Memorial													0.00
Wild West Group		45.33											45.33
Working With Others													0.00
Unknown/Misc													0.00
TOTAL:	0.00	1055.25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1055.25

SETA DISTRICT 40 --- EXPENSE BY MONTH & TOTAL FOR YEAR													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total YTD
DCM													\$0.00
Alt. DCM	\$316.48												\$316.48
Secretary / Copying	\$18.72												\$18.72
Treasurer	2	\$27.99											\$27.99
Newsletter													\$0.00
Rent/Coffee Donation	\$30.00												\$30.00
Coffee													\$0.00
PO Box													\$0.00
Literature Committee													\$0.00
PI/CPC													\$0.00
Grapevine													\$0.00
CFC													\$0.00
TFC													\$0.00
Archives Committee													\$0.00
Intergroup Liaison													\$0.00
IT Committee													\$0.00
Miscellaneous													\$0.00
Gratitude Dinner - Donation													\$0.00
Gratitude Dinner - Food													\$0.00
Fellowship Fest													\$0.00
Traditions Dinner													\$0.00
Service Workshop													\$0.00
SWRAASA (Even Years)													\$0.00
The Forum (Odd Years) See Note													\$0.00
Delegate Report Meeting													\$0.00
State Convention Hospitality Suite													\$0.00
SETA Assembly Host District													\$0.00
SETA - 2015 Hospitality Suite													\$0.00
T total for MONTH	\$367.20	\$27.99	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$395.19

District 40 Officers and Committee Representatives

<u>Position</u>	<u>Name</u>	<u>Email</u>
DCM	Reino F	dcm-40@aa-seta.org
Alt DCM	OPEN	dcm-40-alt@aa-seta.org
Secretary	Jackie S	d40sec@yahoo.com
Alt Secretary	Hilton L	d40altsec@gmail.com
Treasurer	Mike W	treasurer-40@aa-seta.org
Alt Treasurer	Scott B	treasurer-40-alt@aa-seta.org
Archives	OPEN	
Newsletter Editor	Kari B	district40newsletter@gmail.com
Grapevine Rep	Rachel P	
IT Rep	OPEN	
Literature Rep	Elizabeth G	
CFC Rep	Paul K	
Intergroup Rep	Dan K	
CPC Rep	Bill A	
PI	Terri	
TFC	Lucas B	

Committee	Meeting Time	Location
Archives	1 st Saturday of the month, 10:00 AM	521 N. Sam Houston Pkwy East, Suite 215 Houston, Texas 77060
Cooperation with the Professional Community (CPC)	1 st Monday of the month, 7:00 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378
Correctional Facilities (CFC)	3 rd Wednesday of the month, 7:30 PM – 9:00 PM	The Delta Club 6401 Southwest Freeway, Suite 110 Houston, Texas 77057
Grapevine	3 rd Thursday of every other month, 7:30 PM	The Delta Club 6401 Southwest Freeway, Suite 110 Houston, Texas 77057
Intergroup	3 rd Thursday of every other month, 8:00 PM	4140 Directors Row Suites D & E Houston, Texas 77092
Internet Technologies (IT)	4 th Saturday of the month, 10:00 AM – 12:00 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378
Literature	3 rd Tuesday of the month, 8:30 PM – 9:30 PM	Zoom Send Login requests to: Literature-Chair@aa-seta.org
Multi-Lingual	1 st Thursday of the month, 7:30 PM	District 63 4800 West 34 th Street Suite B-8 Houston, Texas 77092
Public Information (PI)	4 th Tuesday of the month, 7:30 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378, Room C Can do Zoom